

**This Kit Includes:**



**1 collection tube**



**1 oral swab**

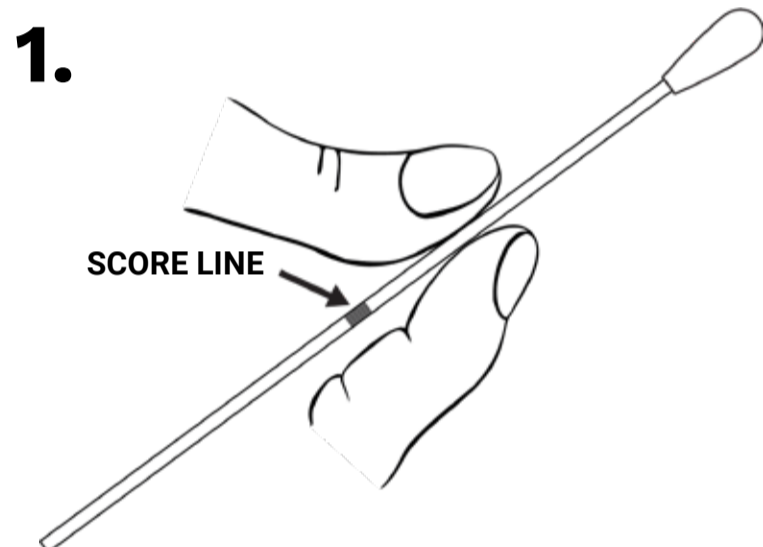


**1 specimen bag**  
(with absorbent pad)

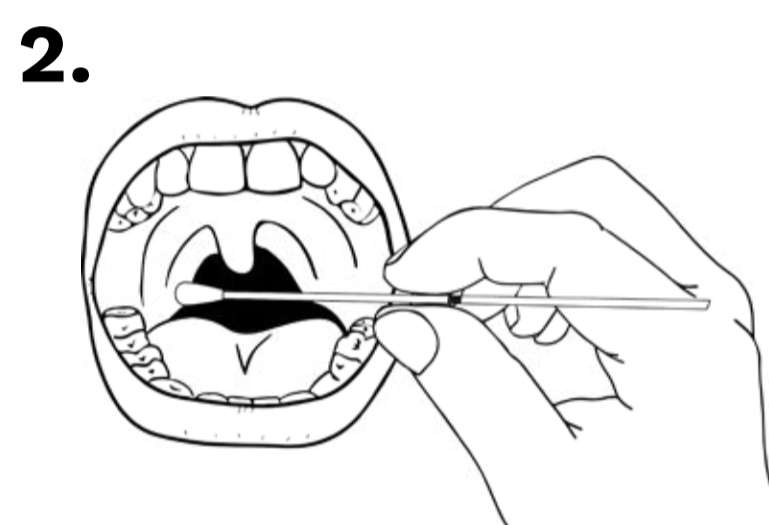
**READ FIRST**

1. Read all instructions thoroughly before collecting your specimens.
2. Do not eat, drink, smoke, or brush your teeth for 30 minutes prior to collection of the oral swab specimen.
3. Do not drink alcohol on the day of collection.
4. Collection tubes may contain a liquid preservative. **DO NOT EMPTY LIQUID PRESERVATIVE FROM THE COLLECTION TUBES IF PRESENT.**

**TO PREVENT REJECTED SPECIMENS, PLEASE READ ALL INSTRUCTIONS BEFORE BEGINNING COLLECTION**



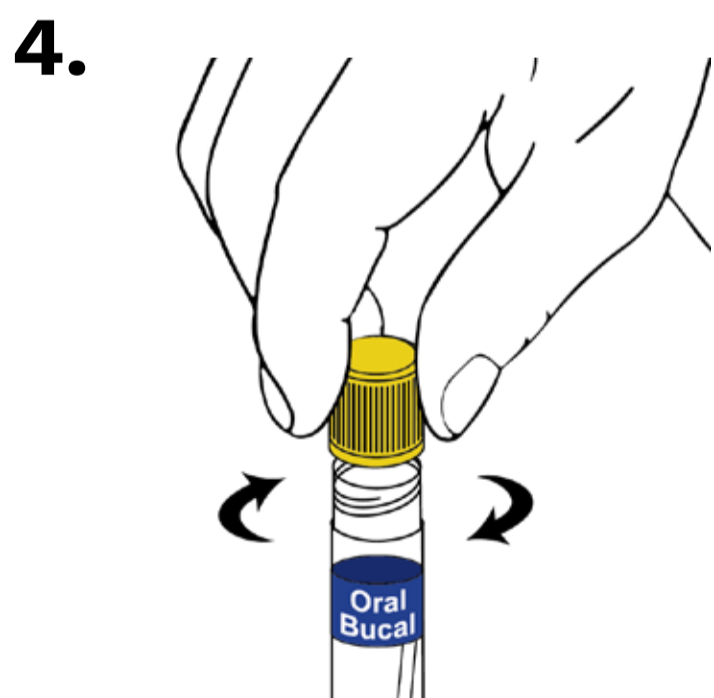
Hold the swab between the faint score line (if present) and the cotton-tipped portion of the swab.



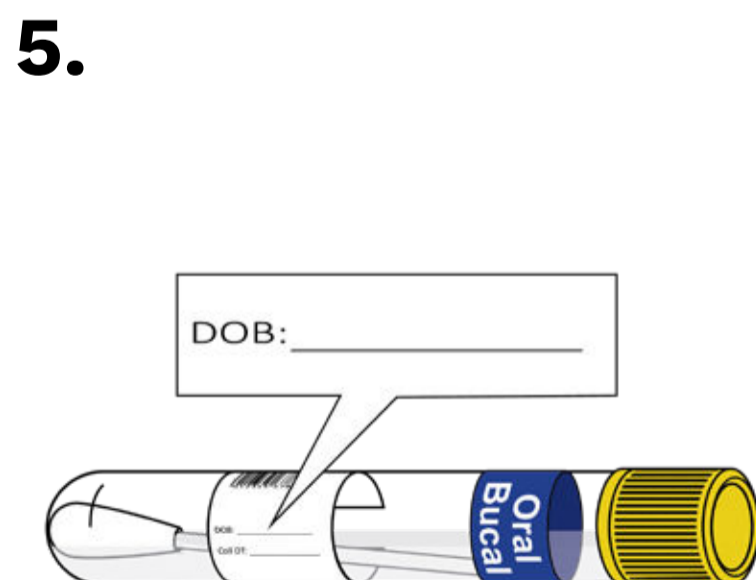
Insert the swab into your mouth and rub swab tip against the back of your throat for 10 seconds.



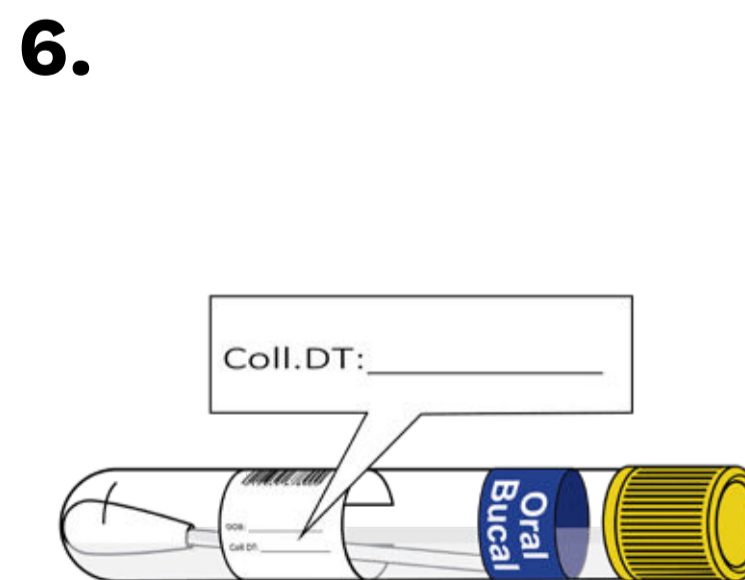
Carefully withdraw the swab and place into the collection tube marked with a **BLUE "ORAL" LABEL**. Break the swab by bending against the collection tube.



Place lid onto the collection tube and ensure it is closed evenly and tightly.



Write your date of birth in MM/DD/YYYY format onto the tube in the designated area (DOB).



Write the specimen collection date (today's date) in MM/DD/YYYY format onto the tube in the designated area (Coll. Date).



Place specimen into the empty biohazard bag with the absorbent pad and ensure the seal is closed completely.